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Psychological consequences and needs after the Kermanshah earthquake: A scoping review

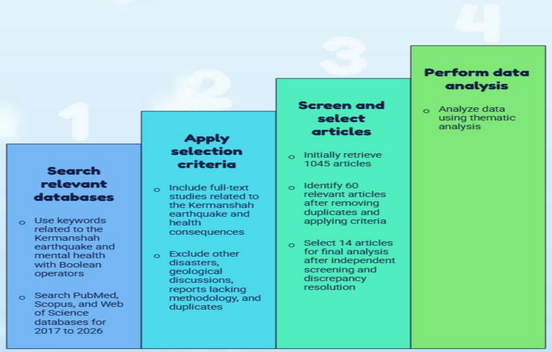
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Backgrounds

Post-disaster mental health problems can persist long after major events such as the Kermanshah earthquake, one of Iran's largest recent earthquakes, making them a serious public health concern. This study aimed to identify the psychological consequences and health-related relief needs of the survivors.

Methods



Findings

Category	Consequences	Needs and challenges
Items	sleep disorders and insomnia, depression, PTSD symptoms, post-traumatic dissociation, experiential avoidance, suicidal thoughts, substance use tendencies, behavioral problems, feelings of insecurity, and disruption in place attachment	shortage of psychologists, the need for early screening and interventions, psychological support, and attention to the needs of survivors, children, women, and staff and rescuers

Conclusion

Strengthening early screening, developing mental health services, and addressing the psychological needs of various groups can play a role in improving the response to mental health outcomes after disasters.

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